


# DESIGNING THE LIFE, YOU WANT TO LEAD



Re-evaluating career decisions?  
Starting new projects or businesses?

**Designing the life, you want to lead** will provide space to reflect, learn and discover the next step in your professional journey. The Retreat is a highly interactive, peer to peer learning space which offers professional and personal development for women.

**Designing the life, you want to lead** is designed so that you can work on current or new project idea and/or challenges about how you want to develop your career and life in the future.

Through a fusion of facilitated conversations and creative interaction about change and innovation you will experience a variety of techniques that will inspire your subconscious mind and open up your thinking.



The one day Retreat will be hosted at the Court Villa at Leisure Farm Resort in Johor Bahru, Malaysia, just ten minutes from the Second Link.

On confirmation of your place, you will be invited to complete a 10-minute assessment on your innovation strengths.

I look forward to welcoming you.

# Session Overview

8:30 am Arrive

## The Court Villa

Morning tea and coffee.

9:00-12:00pm Retreat Session

### Retreat Session One - Discussion and Activities

**Understanding Change** To have a clear sense of where you are right now in your life and a reflection on what has shaped your personal and professional decisions.

**Creating from the Future Backwards** - To introduce the concept of the 'Future Self' and how it can stimulate new ideas for giving clarity on where you may want to go next. Fresh insights into self and the awakening of new ideas, dreams and desires.



12:30-1:30pm Lunch





2:00-6:00pm Retreat Session



### **Retreat Session Two - Discussion and Activities**

**Creative Visioning** - The creation of cover stories of your future self. To start to see a picture of what the future could be like and what this might mean for your next career move or life decision.

**Designing from the Future Backwards** - To explore why we often fail in getting the traction we need to make ideas happen. To think through the capacities, skills or structures that can actually help us move towards the future. Generative action planning. Application of The Six 'I's of Innovation®, a framework that will help you to think through next steps to bring projects or business ideas to life. Journaling and reflection to consolidate the day's learning and insights.

6:00-8:00pm Evening Drinks and Canapés

**Light bites and Canapés provided by Giannis by the pool**

A time for informal networking and socialising.

# Your Host

Voted by CMO Asia and the World Federation of Marketing and Sustainability, as one of the top 50 female leaders in Asia, Natalie is an experienced innovation and leadership development specialist. As the Founder and CEO of The Entheo Network, she has worked for and consulted with some of the world's leading organisations including DBS, LEO Pharma Asia, Singapore Airlines and CISCO Systems, helping them build innovation systems, culture and capabilities as well as generating new ideas to help them grow their teams and businesses. Natalie is also an international speaker on innovation, entrepreneurship and leadership and an experienced business facilitator, trainer and coach.

Natalie is the inventor of The Six 'I's® an innovation methodology and assessment tool that helps individuals and organisations measure their innovation strengths and provides a clear step by step guide to make innovation practical and effective. She is also the Author of Yes, You Can Innovate! to be published by Pearson in London in March 2018. Natalie Founded Women Who Lead for female executives as a Retreat, Coaching Service and Community to provide space for women to grow their leadership potential from a position of grounded strength. Natalie has three degrees; a BA Hons in Politics & Legislative studies, an MSc in Economics and Social Psychology and an MBA. She is a Master Practitioner in Group Dynamics and Non-Verbal Communication and a Certified Integrative Enneagram Coach. Natalie is a UK National that lives in Malaysia and works in Singapore, across Asia and in Europe.





**WOMEN**  
WHO LEAD

# Terms and Conditions

## Bookings

1. To keep the Retreat intimate, places are limited to 6-8 guests, so you are advised to book as soon as possible.

The price for the Retreat is: \$750 SGD (RM 2,300). I offer discounts for entrepreneurs or small business owners, please enquire.

2. Payment needs to be made by bank transfer to: The Entheo Network

Account name: Entheo Network Pte Ltd

Bank: DBS Bank Limited

Bank Account: 2889010904

BACs: Entheo Network Pte LTD

SWIFT/BIC: DBSSSGSG

3. Booking is not confirmed until full payment is received

4. Cancellation charges:

- a. 45 to 30 days prior to schedule arrival date 75 % of total cost
- b. 30 days or less prior to schedule arrival date 100 % of cost

## Rates include:

- Facilitation and hosting of the Retreat
- Six 'I's of Innovation® Assessment
- Tea and coffee
- Lunch provided by Green Soul Food with fresh juices
- Canapés provided by Gianni
- A glass of champagne

## What to bring:

- Comfortable clothing
- Swim suit
- Towel
- Insect repellent
- Bottle of wine if you would like a drink by the pool afterwards

## Contact Details

### For more information please contact

Natalie Turner, Founder,  
Women who Lead - +65 97280834  
natalie.turner@womenwholead.net  
www.womenwholead.net

### Resort Address

Court Villa @ Leisure Farm Resort (10 min  
away from Singapore 2nd Link)  
Precinct 1, 14 Jalan Merbok 4, 81560  
Gelang Patah, Johor, Malaysia  
[leisurefarm.com.my/Location/](http://leisurefarm.com.my/Location/)